

APPETIZERS ⋺------€

WHITE CHEDDAR BACON MAC N CHEESE

Heber Valley Creamery white cheddar, bacon, Caramelized onions, breadcrumbs \$15

CHILI CHEESE FRIES

beef chili, scallions, pickled Jalapenos, sour cream, cheddar cheese \$16

CHICKEN WINGS

House-made buffalo sauce or honey BBQ with parmesan ranch dressing \$15

PARMESAN PARSLEY FRENCH FRIES Hand punched, Back 40 fry sauce \$6

SWEET POTATO FRIES \$6



FARMERS CHOICE SOUP Made fresh daily Cup \$6 / Bowl \$10

CIRCLE BAR BEEF CHILI

Ground chuck, pinto beans, bell pepper, stewed tomatoes, sour cream, cheddar, scallions Cup \$6 / Bowl \$10

GARDEN SALAD

Baby greens, fennel, tomato, cucumber, carrot, choice of ranch, balsamic or blue cheese dressing \$11

BEET SALAD

Arugula, quinoa, roasted beets, almonds, jalapeno goat cheese, beet chips, champagne vinaigrette \$17

Add chicken \$7, beef \$11, salmon \$11, shrimp \$11, tuna \$11, or "Beyond Meat" \$10 to any salad

SIDES

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Side of Toast \$2 Bacon or Sausage or Ham \$6 Side Fruit \$6 Homemade BBQ sauce \$2 Buffalo Sauce \$2 Pico de Gallo \$3 Sour Cream \$1

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Mashed Potatoes \$6 Breakfast Potatoes \$6 Two Meatballs \$6 Steak Black Beans \$6 Asparagus \$6 Green Beans or Mushrooms \$6 Side Salad \$6 One Egg \$3

Tomatillo Salsa \$3 Brown Mushroom Gravy \$2 White Country Gravy \$2 Jalapeno Goat Cheese \$4 Maple Syrup \$4 Chimichurri \$3 Bearnaise Sauce \$3

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20% gratuity will be added to parties of 8 or more and unsigned credit card slips. To ensure prompt service, we allow a maximum of 4 split checks per party. There will be a \$6 charge for split plates and a \$2 charge for all substitutions. Thank you!

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EGGS & MORE

All items served with Potatoes O'Brien

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BUILD YOUR OWN OMELET

Choose any three: sausage, bacon, ham, onion, tomato, spinach, mushrooms, cheddar, Swiss Choice of sourdough, wheat, English muffin \$16

EGG PLATE

Any style, choice of meat sausage, bacon, ham Choice of sourdough, wheat, English muffin \$15

BACK40 EGGS BENEDICT

English muffin, Canadian bacon, spinach, tomato, bearnaise \$20

CHICKEN FRIED STEAK & EGGS

Country white sausage gravy, two eggs cooked to order \$21

STEAK & EGGS

8oz flat iron steak, two eggs cooked to order, Choice of sourdough, wheat, English muffin \$28

HUEVOS RANCHEROS

Two eggs cooked to order, steak black beans, tomatillo salsa, mozzarella, pico de gallo, guacamole, jalapenos, sour cream \$18 (excludes potatoes O'Brien)

BACK 40 FRENCH TOAST

Brioche, cinnamon crust, fresh fruit, whipped cream, maple syrup, choice of sausage, ham, bacon \$18 (excludes potatoes O'Brien)

ENTREES

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BACK 40 BURGER

Local organic grass-fed beef, lettuce, tomato, caramelized onions, pastrami, special sauce, Heber Valley Creamery jalapeno bacon cheddar cheese, choice of parmesan parsley fries, sweet potato fries or salad \$19

BEYOND 40 BURGER

"Beyond Meat" meatless burger, lettuce, tomato, caramelized onions, cheddar, special sauce, choice of parmesan parsley fries, sweet potato fries or salad \$20

CIRCLE BAR BURGER

Local organic grass-fed beef, lettuce, tomato, cheddar, sesame seed bun, choice of parmesan parsley fries, sweet potato fries or salad \$16

RED BARN CHICKEN

Half bird buttermilk fried, mashed potatoes, brown mushroom gravy, green beans \$21

STEAK FRITES

8oz local organic flat iron, crisp potato, pico de gallo, chimichurri, grilled asparagus \$30



OUR MISSION



At Back 40 Ranch House Grill, our menu is made with fresh, local and organic ingredients from Heber Valley and its surrounding areas. We purchase whole cows from Circle Bar Ranch, located just two pastures behind our restaurant. We support local businesses, including Heber Valley Cheese, Stoneground Bakery, Good Grains Gluten Free Bakery, Pepper Lane Products, Redmond Real Salt and more.



San the QR code to learn more

Back 40 is also committed to sustainability, from our building renovations to our daily practices. Our water comes fresh from our 200ft deep artisan aquifer. With water this pure and clean, we could bottle and sell it, but for you, it's free!